## A polymer microstructure array for the formation, culturing, and high-throughput drug screening of breast cancer spheroids

## Abstract

Multicellular spheroid models have been recognized as superior to monolayer cell cultures in antitumor drug screening, but their commercial adaptation in the pharmaceutical industry has been delayed, primarily due to technological limitations. The current study presents a new spheroid culture platform that addresses these technical restrictions. The new culturing device is based on a multiwell plate equipped with a glass bottom patterned with an array of UV adhesive microchambers. Each microchamber is designed to accommodate a single spheroid. The system facilitates the simultaneous creation and culturing of a large number of spheroids, as well as screening their response to antitumor drugs. The volume of the spheroids is easily controlled by seeding density. The location of each spheroid is preserved in the same

microchamber throughout its growth, treatment with soluble agents, and imaging. The growth ratio parameter, a nonintrusive size analysis of the same spheroid the before and after exposure to drugs, was found to be a sensitive indicator for the reaction of MCF7 breast cancer spheroids to cytotoxic drugs. This feature helps reveal heterogeneity within the spheroid population during the formation process and their drug response, and provides an opportunity to detect specific, highly active or drugresistant spheroid subgroups. The advantages of this spheroid-based system make it an efficient drug screening tool that may be valuable to related fields of research and clinical applications.



Kinetics of the assembly process of the individual cells on the microstructure. (a) Initial distribution immediately after seeding. (b) 6 hours after seeding. (c) 18 hours after seeding (note that by this time most cells in each microchamber are already arranged in one amorphous cluster. (d) Mature spheroids, 48 hours after seeding.



the volume of the spheroid formed 48 hours after seeding. Note the variability between the microchambers.



Zurgil N, Markovitz Bishitz Y, Tauber Y, Shafran Y, Afrimzon E, Sobolev M, Deutsch M. The Biophysical Interdisciplinary Schottenstein Center for the Research and Technology of The Cellome, Bar-Ilan University, Ramat Gan, Israel

stained within mirochamber. Multi color staining for mitochondrial membrane potential with TMRM (2) and nucleus staining with Hoechst (4). An overlapping image of the TMRM and Hoechst fluorescence (3) Bar represents 50 µM.



Schematic design of a multi-well plate equipped with a glass bottom patterned with microstructure array. Magnification of a representative macro-well shown at the left panel.



(a) SEM micrograph of one spheroid in the microchamber. (b) Structured illumination images of live-dead staining of spheroids after 72 hours, overlapped with transmission images. Green staining (FDA) indicates live cells while red (PI) indicates dead cells. Note that dead cells are rarely seen. (c) Fluorescence image of TMRM and Hoechst 33342 stained spheroids in the microchamber array.



Assessment of apoptosis level cell death in untreated control. (a,b) and MTX treated spheroids (c,d). MCS were generated within the micro-chambers and imaged before (a,c-) and after 24 h of drug treatment (b,d overlapping images of fluorescence and treated spheroids compared to and after treatment with low (1 µM, transmission images). Green staining that of the untreated spheroids. red line) and high (1mM, blue line) (AnnexinV -FITC) indicates apoptotic cells while red (PI) indicates dead cells. Cells in late apoptosis show yellow fluorescence (green and red).



## Conclusions

We have developed a multiwell platform with a glass-bottomed patterned array of UV adhesive microchambers. Our platform facilitates the creation, culturing, single-spheroid level monitoring, and analyses of large spheroid populations for various drug screening and functional tests. The system is easily manufactured, optically and biologically inert, and readily duplicable, bridging the gap between pharmaceutical industry demands and technological availability.





Growth ratio distribution for DOXand MTX-treated spheroids and Variation between sensitive sub-groups.



for the untreated control (a).Growth ratio distribution spheroids. Note the similar but histograms of breast cancer down shifted distribution of the spheroids not treated (black line) those of NO donor for 24 h. (b) Dose distributions may serve as a tool response curve of growth ratio for identifying drug resistance and values following treatment of MCF7 spheroids with NO donor.